

In Tune With Mother Nature

If you listen for the songbirds
As they greet the summer sun,
And love the way the wind can make
The trees sing just for fun;
If you like to hear the ocean
As it drums upon the shore,
And imagine all the whales out there,
And hope they'll sing some more;
If you think of all the animals
As players in a band,
Each with a lovely tune to play,
All needed on the land;
And know that as a boy or girl
A woman or a man
You have a vital role to play
In Mother Nature's plan;
If you honor every living thing
As a part of nature's treasure
You're in tune with Mother Nature
So let's all sing her song together.

Yellow Weed

How did you get here,
weed?
Who brought your seed?

Did it lift on the wind
and sail and drift
from a far and yellow field?

Was your seed a
burr, a sticky burr
that clung to a fox's
furry tail?

Did it fly with a bird
who liked to feed
on the tasty
seed of the yellow weed?
How did you come?

Lilian Moore

The March Wind

I come to work as well as play;
I'll tell you what I do;
I whistle all the live-long day,
"Woo-oo-oo! Woo-oo!"

I toss the branches up and down
And shake them to and fro,
I whirl the leaves in flocks of brown,
And send them high and low.

I strew the twigs upon the ground,
The frozen earth I sweep;
I blow the children round and round
And wake the flowers from sleep.

Anonymous

The Polliwog

Oh, the Polliwog is woggling
In his pleasant native bog
With his beady eyes a-goggling
Through the underwater fog
And his busy tail a-joggling
And his eager head agog—
Just a happy little frogling
Who is bound to be a Frog!

Arthur Guiterman

The Vulture

The vulture eats between his meals
And that's the reason why
He very, very, rarely feels
as well as you and I.

His eye is dull, his head is bald,
His neck is growing thinner.
Oh! What a lesson for us all
To only eat at dinner!

Hilaire Belloc

Camouflaged Amphibian

A gray rock hops
across the road.
It stops and looks surprised.

It blinks two
little polka dots
that look a lot like eyes,

But I can spot
this camouflaged
amphibian's disguise.

I know his tricks;
when I come near
he'll hop away and disappear,

and make me search
for him in clumps
of scratchy grass,
then leave me stumped!

And after that
I'll look for eyes all day
along the road,
inspecting any rock with dots
to see if it's that toad!

Poison Ivy

Personally,
I think it's silly
To always gather
Daffodillies.

What's wrong with
Poison Ivy?
We've barely scratched
The surface there.

Though once you've gathered
Poison ivy,
You'll be scratching everywhere.

Louis Phillips

Flower Feelings

Little yellow flower
does it tickle,
do you itch
when a butterfly is
straddling your petals
as it sips?

Do you wish you could scratch
or give a little twitch?

When that quick-draw straw
plunges nearly to your stem
does it sting like the jab
of a needle or a pin?

Hurt No Living Thing

Hurt no living thing;
Ladybird, nor butterfly,
Nor moth with dusty wing.
Nor cricket chirping cheerily,
Nor grasshopper so light of leap,
Nor dancing gnat, nor beetle fat,
Nor harmless worms that creep.

Christina Rossetti

Daylight Savings Time

In spring when maple buds are red,
We turn the clock an hour ahead;
Which means, each April that arrives,
We lose an hour
Out of our lives

Who cares?
When autumn birds in flocks
Fly southward, back we turn the clocks,
And so regain a lovely thing—
That missing hour
We lost last spring.

Phyllis McGinley

What are some of your hiking highlights of the day?

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Give examples of “erosion” in the park.

Give examples of “restoration” in the park.

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Give examples of “restoration” in the park.

Go off in the distance. Relax and listen. What sounds do you hear? Write a description of the sounds of the environment.

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Orange Flowers

Fiddleneck _____

Poppy _____

Sticky Monkey _____

Pink/Red Flowers

Chinese Houses _____

Filaree _____

Indian Warrior _____

Mission Bell _____

Owl Face Clover _____

Puff Clover _____

Red Maids _____

Tomcat Clover _____

Orange Flowers

Fiddleneck _____

Poppy _____

Sticky Monkey _____

Pink/Red Flowers

Chinese Houses _____

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Red Maids _____

Tomcat Clover _____

White Flowers

Douglas Iris _____ **Lace Pod** _____ **Popcorn Flower** _____

Wild Iris _____ **Woodland Star** _____ **Yarrow** _____

Yellow Flowers

Biscuit Weed _____ **Buttercup** _____ **Butter and Eggs** _____

Gold Fields _____ **Johnny Jump-Up** _____ **Pineapple Weed** _____

Sun Cup _____

Blue/Purple Flowers

Blue Dick _____ **Larkspur** _____ **Lupine** _____

Purple Sanacle _____ **Shooting Star** _____ **Snapdragon** _____

Rockville Vetch _____

White Flowers

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Green Plants

Bedstraw _____

Gold Back Fern _____

Horehound _____

Miner's Lettuce _____

Poison Oak _____

Sage _____

Shepard's Purse _____

Soap Plant _____

Wild Celery _____

Wild Cucumber _____

Trees

Blue Oak _____

Bay _____

Buckeye _____

Live Oak _____

Madrone _____

Manzanita _____

Green Plants

Bedstraw _____

Gold Back Fern _____

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Trees

Blue Oak _____

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Birds

**Great Blue
Heron** _____

Great Egret _____

Hummingbird _____

Killdeer _____

Mallard Duck _____

Red Tail Hawk _____

Scrub Jay _____

Stellar Jay _____

Turkey Vulture _____

Wild Turkey _____

Wood Duck _____

Woodpecker _____

Fungi/Lichen

Earthstar _____

Lichen _____

Mushroom _____

Puffball _____

Shelf Fungus _____

Slime Mold _____

Turkey Tail _____

Witches Butter _____

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Animals

Ants _____

Centipede _____

Frog _____

Garter Snake _____

Gopher Snake _____

King Snake _____

Polliwog _____

**Pipe Vine
Butterfly** _____

Rabbit _____

Rattlesnake _____

Salamander _____

Squirrel _____

Toad _____

**Western Fence
Lizard** _____

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